

DUAL FUNCTION STRENGTH SERIES

DF-100 Leg Extension/Leg Curl



KEY FEATURES

Contoured Dual-Cam System

Specially contoured cams provide unparalleled ergonomics throughout the entire motion – meaning a perfect start, perfect finish, and smooth resistance that perfectly suits human biomechanics

Direct Drive System

DirectDrive™ eliminates slack, so you will never feel the resistance “fall off” at any point during the exercise

Adjustment and Convenience Features

Spring-lock release knobs make for easy, intuitive changeover between leg extension and leg curl exercises

Adjustable seat-back cushion keeps posture correct

Adjustable cylindrical cushion provides comfortable ankle support

Magnetized stack fork with retracting tether makes for instant, secure selection of weights

Incremental weight adjustment option allows users to make weight stack adjustments in smaller, 5.5 lb. increments*

*Optional feature, not included on standard units

Component Quality

Deep-groove, 5-inch shrouded pulleys provide faultless cable tracking

Cold rolled steel weight stacks with noise dampening

Stainless steel guide rods resist rust and stay smooth

Internally lubricated 1,500 lb. steel aircraft cables provide quiet, smooth operation

Heavy-duty European-styled cushions

PRODUCT DIMENSIONS

52" (L) x 42" (W) x 67" (H)

NET WEIGHT

473 lbs; 215 kg

WEIGHT STACK

220 lbs

RATIO

1:1

COMMERCIAL WARRANTY

Frame: 10 years

Weight Plates, Rods, Pulley Bearings, Bushings: 5 Years

Cables, Belts and Other Parts: 3 Years

Grips, Shocks and Covers: 1 Year

Labor: 1 Year

Upholstery: 6 Months