

DUAL FUNCTION STRENGTH SERIES

DF-107 Chin Up/Shoulder Dip



KEY FEATURES

Adjustment and Convenience Features

Economical design and 87-inch height supports circuit training where space is limited

Biomechanically correct action and simple changeover adjustments make this product easy and comfortable to use

Steps assist users of various sizes and abilities

Quick-release knob makes knee cushion platform changeover easy

Magnetized stack-fork with retracting tether makes for instant, secure selection of weights

Incremental weight adjustment option allows users to make weight stack adjustments in smaller, 5.5 lb. increments*

*Optional feature, not included on standard units

Component Quality

Deep-groove, 5-inch shrouded pulleys provide faultless cable tracking

Cold rolled steel weight stacks with noise dampening

Stainless steel guide rods resist rust and stay smooth

Internally lubricated 1,500 lb. steel aircraft cables provide quiet, smooth operation

Heavy-duty European-styled cushions

PRODUCT DIMENSIONS

42" (L) x 44" (W) x 87" (H)

NET WEIGHT

484 lbs; 220 kg

WEIGHT STACK

220 lbs (253 lbs w/ knee cushion)

RATIO

1:1

COMMERCIAL WARRANTY

Frame: 10 years

Weight Plates, Rods, Pulley Bearings, Bushings: 5 Years

Cables, Belts and Other Parts: 3 Years

Grips, Shocks and Covers: 1 Year

Labor: 1 Year

Upholstery: 6 Months