

Adjust Your Thinking, Adjust Your Stride

People come in all shapes and sizes, right? So it only makes sense that everyone has their own unique stride pattern when exercising. Yet virtually every elliptical trainer on the market locks you in to a fixed stride length. Not SportsArt Fitness.

SportsArt was the first company to develop adjustable stride total body elliptical trainers that allow YOU to choose the stride length that is perfect (and natural) for you. And, university studies show that training at longer stride lengths burns more calories, delivers greater cardio benefits, and activates more muscles in the glutes and hamstrings so you can truly get more from your training. But only with SportsArt Fitness.

To learn more about our entire range of adjustable stride elliptical trainers, visit www.sportsartfitness.com.

Oh, we make award winning treadmills and exercise cycles, too.



SportsArt FITNESS
fuel for the fun stuff™

www.sportsartfitness.com

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