

# MI7 FUNCTIONAL TRAINER

*MI-7-MB*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

66.25" X 60.75" X 84.25" (168 cm X 154 cm X 214 cm)

### PRODUCT WEIGHT

711 lbs (323 kg)

## FEATURES

- ◆ Patented Flip N Grip™ technology provides 5 pull-up grip options, including rock grips
- ◆ Patent pending Flip N Dip™ technology provides narrow/wide grip dips
- ◆ Silent Steel® weight system eliminates metal to metal contact between plates and guide rods for a quiet motion
- ◆ Adjustable Core Stabilizer Pad
- ◆ Included Accessories are; Three Square-Ring Adjustable Strap Handles (one pair), Dual-Attachment Long Strap, Padded Ankle / Thigh Strap, Dual-Attachment Ultra-Light Aluminum Long Bar with Revolving Attachment Points, Ultra-Light Aluminum Curl Bar