

# LEG CURL

RS-1402



## FEATURES

- Gas shock assisted back pad accommodates varying leg lengths
- Self-aligning roller pad automatically adjusts to reduce potential stress on the ankle joints
- Adjustable shin pad creates a natural hinge movement and reduces shearing force and stress on the knee joints
- Begins in an upright posture, then rocks rearward during the exercise providing a greater range-of-motion

## SPECS

- Product Dimensions L x W x H:  
51.75" (131 cm) x 53.25" (135 cm) x 60.25" (153 cm)
- Product Weight: 698 lbs (317 kg)
- Weight Stack: 360 lbs (164 kg)