



Technogym Elliptical



No Impact Total Body Workout

Technogym Elliptical is the only compact cross-trainer offering a total body workout. Discover the power of your body with natural and comfortable movement and minimal impact on your joints.

TECHNOGYM ELLIPTICAL - PRODUCT SHEET
092021ENVER01



DESCRIPTION

Why Technogym Elliptical:

More Calories Less Effort

Get the most burn with minimal perceived exertion.

Maximum glutes activation

Grab onto the angled center handlebar to engage your backside.

Silent and smooth

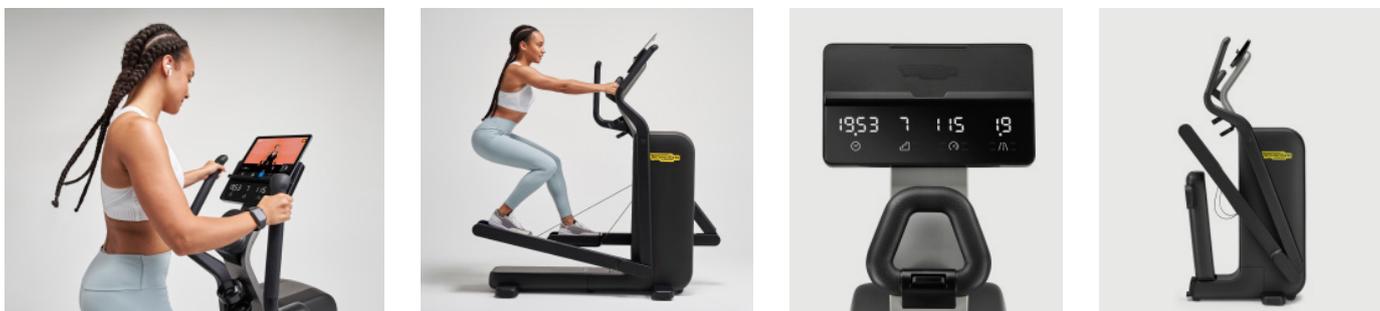
The patented biomechanics of Technogym Elliptical ensure a smooth, frictionless and silent stride.

The most compact elliptical ever

With its compact design, Technogym Elliptical occupies very little space: 1 sq m (10.8 sq ft) when exercising and just 0.5 sq m (5.4 sq ft) when folded.

Stay motivated and reach your goals with personalised training

Technogym Elliptical connects to compatible tablets, offering the ultimate training experience with Technogym Sessions, Routines, Virtual Outdoor, Custom Workouts and music playlists through the Technogym Live app.



TECHNICAL SPECIFICATIONS

Size (LxWxH)

1620 x 650 x 1600 mm
63,8 x 25,6 x 63 in

Max user weight

130 kg
286,6 lbs

Length (while folded)

750 mm
29,5 in

Max resistance 160 strides per minutes

600 W

Power requirement

230 VAC \pm 10%, 50/60Hz

100% recyclable packaging size (LxWxH)

800 x 650 x 1650 mm
31,5 x 25,6 x 65 in

Product weight

100 kg
220,4 lbs

Resistance levels

1-12

Standby energy consumption

less than 0,5 W

Connectivity

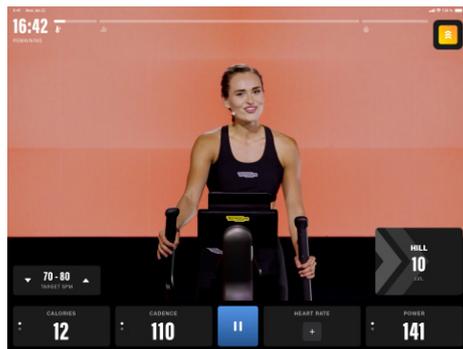
Bluetooth 5.0
Technogym Live App
Technogym App
USB Charger

SERVICES

Pricing is inclusive of VAT, 2 years warranty, transport and installation. Installation includes assembly and positioning of the equipment, testing and final cleaning of the installation area. Technogym will contact you to confirm the established date and time of delivery.

Technogym Live App

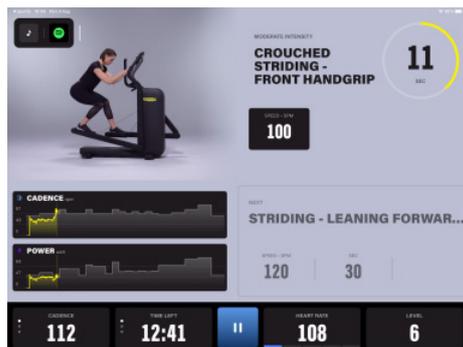
TECHNOGYM SESSIONS



An online trainer by your side

Choose your favourite workout and the trainer will guide you, boosting your motivation.

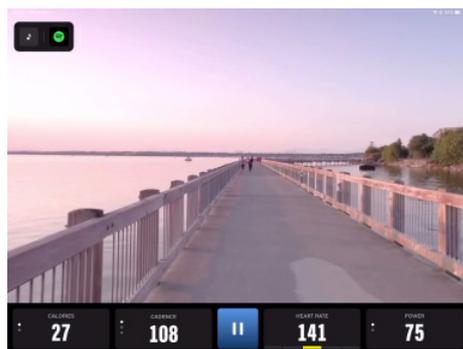
TECHNOGYM ROUTINES



Choose your goal and follow along

Follow the video exercises while Technogym Elliptical automatically adjusts resistance for a bespoke training session.

TECHNOGYM OUTDOORS



Train anywhere in the world

Free your mind riding through natural landscapes and city scenes from all over the planet.

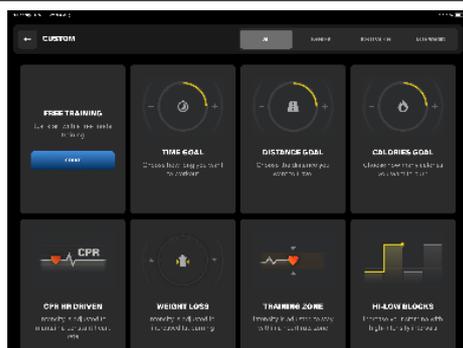
CPR TRAINING



Your heartbeat sets the intensity

While you train, the CPR system (Constant Pulse Rate) monitors your heart rate and automatically adjusts resistance for a safe and efficient workout.

CUSTOM WORKOUT



Personalised training

Choose a goal-based workout - such as time, distance, or calories - or select one of our many other options, ranging from pure cardio to HIIT sessions.