



# DECLINE PRESS

RPL-5305



## FEATURES

- Contoured press arm handles provide multiple grip positions
- Starts with the exercise handles positioned at chest level, then rocks the user rearward mimicking the natural angular or arched movement of a decline bench press
- Synchronized converging exercise motion replicates dumbbell presses
- Ratcheting seat adjustment

## SPECS

- Product Dimensions L x W x H:  
73.00" (185 cm) x 52.75" (134 cm) x 56.25" (143 cm)
- Product Weight: 375 lbs (170 kg)
- Max Storage: 720 lbs (327 kg)
- Max Capacity: 800 lbs (363 kg)

*(Weight plates NOT included)*