

STANDING CALF RAISE

RPL-5405



HIGHT ADJUSTABLE SHOULDER
PADS



PIVOTING FOOT PLATES

FEATURES

- Angled foot plate rotates to isolate the exercise movement to the ankle and calf muscles while creating more dorsiflexion which reduces excess stress to the underside/ball of the foot
- Adjustable shoulder support pads to accommodate varying body sizes

SPECS

- Product Dimensions L x W x H:
58.00" (147 cm) x 52.50" (133 cm) x 82.75" (210 cm)
- Product Weight: 321 lbs (146 kg)
- Max Storage: 720 lbs (327 kg)
- Max Capacity: 800 lbs (363 kg)

(Weight plates NOT included)