



FLAT/INCLINE BENCH

CF-3160



FEATURES

- Six adjustable back pad positions from 0°, 15°, 30°, 45°, 60° and 80° for incline and flat bench exercises
- Five adjustable ratcheting seat positions accommodate varying user heights
- Thermoplastic polyurethane covers for back pad adjusters to reduce wear
- Integrated hand grip and wheels provide tilt 'n roll capability for easy storage

SPECS

- Product Dimensions L x W x H:
53.00" (135 cm) x 33.00" (84 cm) x 20.00" (51 cm)
- Product Weight: 104 lbs (47 kg)
- Maximum exercise weight capacity: 1,000 lbs (454 kg)