

UBE E850

UPPER BODY ERGOMETER

The FluidExercise E850 Upper Body Ergometer (UBE) is a high quality, heavy duty commercial bidirectional arm cycle for both standing and seated positions.

Resistance can be adjusted on the E850 via our patented 10 x Adjustable Fluid Resistance Twin Tank. The resistance is silky smooth at any RPM so you can choose a pace that works for you completely independent of the resistance setting. The adjustable Fluid Resistance can be changed quickly and easily from 'feather-light' to 'Olympic challenge' and operates in both the forward and reverse direction for total muscle engagement. You can even change resistance and direction on the fly.

The E850 seat can be removed entirely for fitness ball and standing access. With the ability to adjust the seat position and the crank height the ergonomics will suit most individual requirements.

The E850 UBE is the ideal inclusion for a wide variety of training and rehabilitation applications, for Cardio, for Core and for the Shoulder Girdle.

The E850 has the added advantage that it does not require an external power supply, so it can be installed on any flat surface in your fitness facility or home.



SEATED



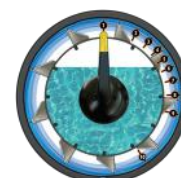
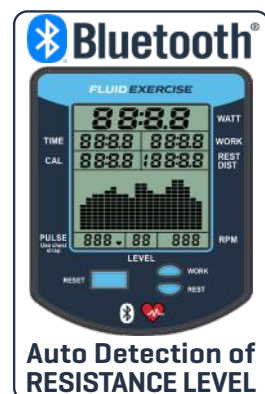
STANDING



BI-DIRECTIONAL ARM CYCLING



FLUID EXERCISE



MINIMUM



10
ADJUSTABLE FLUID
RESISTANCE
LEVELS



MAXIMUM

10 Levels of
Fluid Resistance

Bluetooth® monitor

Ergonomic
hand grips

BLACK
FRAME

Lumbar
Support

Removable
seat to allow
wheelchair
access

Height adjustable
crank position,
gas assisted from
seated to standing

Steel frame


Foot rest for
added stability

Fully adjustable seat position

View the full range of Arm Cycles at **FLUIDEXERCISE.COM**
Visit **FDFLIMITED.COM** to view all FDF products ranges.


UBE E850 FLUIDEXERCISE

PRODUCT SPECIFICATIONS

PRODUCT MODEL NO:	E850
FLUID RESISTANCE:	Vertical FDF Twin Tank - 10 levels
MONITOR:	FDF  Bluetooth / Heart Rate Compatible
PRODUCT NET WEIGHT:	120.08Kg [264.73lb]
PRODUCT GROSS WEIGHT:	141.2kg [311.22lb]
DIMENSIONS:	L 1560mm [61.42"] x W 1020mm [40.16"] x H 1400mm [55.12"]
MIN ACTIVE AREA REQUIRED:	L 2,760mm [108.66"] x W 2,220mm [87.40"]
MAX USER WEIGHT:	150kg [330lb]
ARM CRANK HEIGHT:	Height adjustable from 715mm to 1245mm [28.14" to 49.05"]
LOW SEAT HEIGHT:	540mm [21.3"]
COMMERCIAL WARRANTY:	Frame 10 years - Fluid Tank 5 years Mechanical and all other non wearing components - 2 years



CONSOLE FEATURES

- +  Bluetooth Connectivity
- + Auto start
- + Time - Elapsed time
- + Level - Auto to selected resistance level
- + Watt - Unit of power
- + RPM - Revolutions per minute
- + Power Graphs - 2 Options
- + Heart rate - Polar compatible
- + Calories burned per hour

SEAT REMOVED FOR
WHEELCHAIR ACCESS

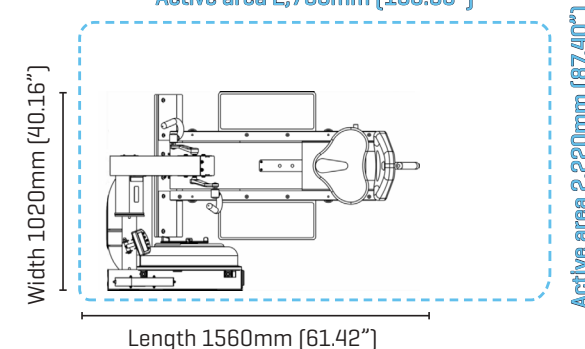


ERGONOMIC HAND GRIPS



ADJUSTABLE CRANK HEIGHT - RANGE 530mm (20.83")

Active area 2,760mm (108.66")



ABOUT FDF LIMITED

FDF Limited is the leader in designing and manufacturing a range of adjustable Fluid Resistance fitness machines for commercial and residential applications. At the heart of the fitness range is the unique and patented Twin Tank Fluid Resistance system. The adjustable Fluid Resistance system challenged conventional thinking of how water could work to provide adjustable resistance rather than just a liquid mass flywheel. The patented Twin Tank system provides silky smooth resistance at any speed and is perfect for cardio training, warm-ups, cool downs, intense HIIT workouts or rehabilitation programs. **FDF Limited** categorizes the range of adjustable Fluid Resistance machines under the banners, **FluidRower**, **FluidExercise** and **FluidPowerZone**, see the adjacent web links. **FDF Limited** products are distributed throughout the globe and are popular in Fitness Centers, Hotels and Apartments, Sporting Clubs, Universities, First Responders, Defence Force Training Facilities and Physical Rehabilitation Clinics.

* FDF reserves the right to modify any product design, manufacture or aesthetic without notice or consultation. Product specifications and warranties may vary from country to country.



View all product ranges at
FLUIDROWER.com

FLUIDEXERCISE.com
FLUIDPOWERZONE.com

FLUIDROWER



FLUIDPOWERZONE



FLUIDEXERCISE

