**Body-Solid Body-Solid Tools** Powerline **Best Fitness** Weights & Bars **Storage** Commercial Index Endurance

# NRAG

Body-Solid is an industry leader in equipment storage and organization with modular and customizable storage solutions to help keep facilities clean, organized and safe.





## **EXPANDABLE STORAGE SYSTEM**

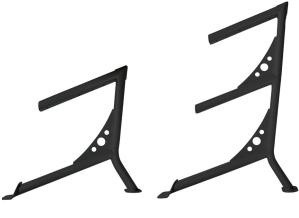
- Modular storage rack for dumbbells, kettlebells and medicine balls
- Mix and match tiers for combination storage
- Your choice of dumbbell, kettlebell or medicine ball storage tiers
- Expandable rack system for any size facility



The SDKR1000 storage rack offers unparalleled flexibility for storage of Dumbbells, Kettlebells and Medicine Balls.

2-Tier or 3-Tier uprights available

6 different shelves for customization



**SDKRUP2B** 2-TIER UPRIGHT





KETTLEBELL SHELF



SMALL DUMBBELL



MEDICINE BALL SHELF



SDKRSD6B ADDLE DUMBBELL



SDKRSD8B SADDLE DUMBBELL





SDKR500DB 32"L 2 SDKR1000DB 32"L 2

32"L x 70"W x 28"H 32"L x 70"W x 43"H Two tier rack Three tier rack





SDKR500SD 32"L x 70"W x 28"H Two tier rack SDKR1000SD 32"L x 70"W x 43"H Three tier rack





SDKR500MB 32"L x 70"W x 28"H Two t SDKR1000MB 32"L x 70"W x 43"H Three

Two tier rack Three tier rack





SDKR500KB 32"L x 70"W x 28"H SDKR1000KB 32"L x 70"W x 43"H Two tier rack Three tier rack **Body-Solid Body-Solid Tools** Weights & Bars **Storage** Endurance Powerline **Best Fitness** Commercial Index





#### **DUMBBELL RACK & STORAGE SYSTEM**

- Designed to hold one (1) pair each of 5-50 lb. hex dumbbells
- Features optional third-tier design so you can add another dumbbell, kettlebell, or medicine ball shelf
- Expand and chain together with optional **GDR60UPB Upright**
- Offset tiers for easy access
- 23"L x 63"W x 32"H, 79 lbs.

#### Customize the GDR60B for a perfect fit



#### **Body-Solid Storage** 81 BodySolid.com • 800.833.1227

22"L x 2"W x 34"H











#### **GDR363B**

#### 40" 3-TIER DUMBBELL RACK

- Designed to hold one pair of 5lb-50lb hex dumbbells
- 20"L x 40"W x 30"H, 44 lbs.



#### GDR48B

#### 48" 3-TIER DUMBBELL RACK

- Designed to hold one pair of 5-55 lb. hex dumbbells
- Offset tiers for easy access
- 23" L x 48" W x 30" H, 62 lbs.



#### GDR34B

#### 34" 3-TIER DUMBBELL RACK

- Storage for 12 pairs of vinyl or neoprene dumbbells (1-15 lbs.)
- Solid steel construction
- 14"L x 34"W x 24"H, 51 lbs.





#### GDKR100B

# 45" KETTLEBELL / DUMBBELL RACK

- Reversible tiers for kettlebells or dumbbells
- 23"L x 45"W x 33"H, 79 lbs.









#### GDR24B

#### **DUMBBELL RACK**

- Designed to hold 12 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 31"L x 25"W x 52"H, 34 lbs.



#### GDR44B

#### VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-30 lb. hex dumbbells
- 23"L x 25"W x 45"H, 44 lbs.



#### **GDR500**

#### **DUMBBELL RACK**

- Designed to hold vinyl or neoprene dumbbells, 1lbs to 15lbs
- Features locking caster wheels
- 27"L x 44"W x 46"H, 85 lbs.



#### GDR10B

#### **DUMBBELL RACK**

- Designed to hold 3 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 15"L x 9"W x 18"H, 5 lbs.



#### **GDKR50B**

#### **KETTLEBELL RACK**

- Designed to hold 6 kettlebells
- 19"L x 16"W x 21"H, 19 lbs.













Customize with 8 or 10 posts



### OWT24

#### **OLYMPIC WEIGHT TREE**

• 27"L x 16"W x 24"H, 24 lbs.



#### **WT46**

#### **OLYMPIC PLATE TREE & BAR HOLDER**

- Two Olympic bar holders included
- Chrome weight posts
- 22"L x 20"W x 40"H, 34 lbs.



#### **GWT56**

#### **OLYMPIC WEIGHT TREE**

- Six 9" weight posts, perfect for bumper plates
- Two Olympic bar holders
- 30"L x 30"W x 53"H, 51 lbs.



#### **GWT66**

#### **OLYMPIC WEIGHT TREE**

- Eight 9" weight posts, perfect for bumper plates
- 26"L x 43"W x 33"H, 59 lbs.



#### LIFETIME IN HOME

#### **GWT76**

# HIGH CAPACITY OLYMPIC BUMPER PLATE RACK

- Customize with either 8 or 10 weight horn pattern
- Each weight horn features 8-¼" capacity
- 41"L x 36"W x 66"H, 108 lbs.











#### GWT86

#### **VERTICAL OLYMPIC WEIGHT TREE**

- Keep workout spaces clean & organized
- Designed for use with Olympic bumper plates
- Four castor wheels for easy movement
- 24"L x 24"W x 45"H, 17 lbs.



#### GBPR10

#### **BUMPER PLATE RACK**

- 4" gaps in each of the 8 plate slots
- 43"L x 13"W x 9"H, 22 lbs.



#### **SWT14**

#### STANDARD WEIGHT TREE

• 27"L x 16"W x 24"H, 17 lbs.





#### **GSWT**

#### STANDARD PLATE TREE & BAR HOLDER

- Two standard bar holders included
- 20"L x 23"W x 40"H, 24 lbs.



#### **GYR500**

#### FOAM ROLLER & YOGA MAT RACK

- Holds 12 Foam Rollers or Yoga Mats
- Features locking caster wheels
- 32"L x 21"W x 37"H, 38 lbs.

<sup>\*</sup> Accessories not included













## SBS100

- HORIZONTAL BAR RACKConvenient and portable barbell storage
- Holds 10 barbells
- 24"L x 45"W x 72"H, 85 lbs.





#### **SBBR100**

#### FIXED WEIGHT BARBELL RACK

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



# GOBH5

### OLYMPIC BAR HOLDER

- · Holds 5 Olympic bars
- 12"L x 12"W x 9"H, 22 lbs.





#### VDRA30

#### **ACCESSORY STAND**

- For use with accessory bars, ropes, straps, dumbbells and more
- 14"L x 14"W x 36"H, 70 lbs.





#### GDR80

#### VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-50 lb. hex dumbbells
- Top tray can be used for medicine ball storage
- 24"L x 22"W x 41"H, 58 lbs.





### GMR20

#### MEDICINE BALL, WALL BALL RACK

- Holds up to ten medicine, or wall balls
- 26"L x 26"W x 56"H, 46 lbs.



# GMR10B MEDICINE BALL RACK

- · Holds up to six medicine balls
- 20"L x 21"W x 63"H, 29 lbs.



#### **GMR5B**

#### MEDICINE BALL RACK

- Holds up to four medicine balls
- 22"L x 22"W x 33"H, 14 lbs.



### GSR10B

#### STABILITY BALL RACK

- Easy access storage for stability balls
- 36"L x 36"W x 73"H, 31 lbs.





#### SSBR100 & SSBR200 PVC STABILITY BALL RACKS

#### FVC STADILITI DALL NACKS

- Storage of eight or 12, 45cm to 75cm stability balls
- SSBR100: 17"L x 55"W x 89"H, 34 lbs.
- SSBR200: 17"L x 108"W x 89"H, 63 lbs.

<sup>\*</sup> Accessories not included











#### GAR50

#### COMPACT ACCESSORY RACK

- Built for storage of balls, bands, tubes & accessories
- All-welded foot caps
- 25" L x 24" W x 60" H, 41 lbs.
- \* Accessories not included



#### **GAR75**

#### **CORNER ACCESSORY RACK**

- Quality steel that can handle 200 lbs. of weight per shelf, with four sturdy side hooks
- Unique corner design saves space and keeps gym floors open.
- 21"L x 21"W x 42"H, 65 lbs.
- \* Accessories not included



#### **GAR100**

#### ACCESSORY RACK

- Storage for medicine balls, stability balls, workout mats and more
- · Transport wheels for convenient mobility
- 32"L x 36"W x 74"H, 71 lbs.
- \* Accessories not included



#### **GAR250**

#### **ACCESSORY TOWER**

- Multi-use storage tower for dumbbells, kettlebells, medicine balls, stability balls and mats
- Transport wheels for convenient mobility
- 32"L x79"W x 87"H, 156 lbs.
- \* Accessories not included

Body-Solid Endurance

Body-Solid's Pro-Select product line consists of seven multi-function selectorized stations, perfect for light commercial, training studio and home workout applications. Body-Solid Pro-Select selectorized machines offer great function with a high degree of safety and are one of the industry's most affordable commercial fitness equipment lines.





Powerline



**AB & BACK** 

## **GCAB-STK**

- 55"L x 50"W x 71"H
- 399 lbs.







#### **GMFP-STK MULTI-PRESS**

- 76"L x 50"W x 71"H
- 330 lbs.







#### GCBT-STK **BICEPS &**

- TRICEPS
- 52"L x 36"W x 71"H
- 395 lbs.





#### **GLP-STK LEG & CALF PRESS**

- 65"L x 64"W x 71"H
- 441 lbs.







#### **GCEC-STK** LEG EXTENSION & CURL

- 54"L x 54"W x 71"H
- 412 lbs.







#### FCD-STK WEIGHT ASSISTED CHIN / DIP

- 63"L x 58"W x 83"H
- 468 lbs.







#### **GIOT-STK INNER / OUTER** THIGH

- 63"L x 65"W x 71"H
- 411 lbs.

All Body-Solid Pro-Select are available with 210 lb. or 310 lb. weight stacks

# **PRO CLUBLINE STRENGTH**

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.





# **SFB125** FLAT BENCH

- 63"L x 25"W x 17"H
- 58 lbs.







# **SAB500B**AB BENCH

- 70"L x 27"W x 49"H
- 125 lbs.





# **SFID325**ADJUSTABLE BENCH

- 58"L x 25"W x 18"H
- 75 lbs.





# GLUTE & HAM MACHINE

- 77"L x 33"W x 50"H
- 136 lbs.







#### SFID325B ADJUSTABLE BENCH

- 58"L x 25"W x 18"H
- 75 lbs.







## T-BAR ROW MACHINE

- 78" L x 43" W x 18" H
- 163 lbs.







#### SFID425

# FLAT / INCLINE / DECLINE BENCH

- 66"L x 25"W x 18"H
- 90 lbs.





# **DECLINE BENCH**

- 58"L x 50"W x 54"H
- 148 lbs.





- 50"L x 86"W x 84"H
- 543 lbs.





# **FLAT BENCH**

- 72"L x 50"W x 51"H
- 152 lbs.





#### **SDIB370 BENCH RACK** COMBO

- 78"L x 65"W x 74"H
- 215 lbs.
- \* Weights not included







#### SOIB250 **INCLINE BENCH**

- 74"L x 50"W x 63"H
- 174 lbs.





#### SVKR1000B VERTICAL KNEE **RAISE & DIP**

- 62"L x 47"W x 103"H
- 373 lbs.









#### **SOSB250 SHOULDER** PRESS BENCH

- 50"L x 50"W x 72"H
- 271 lbs.





#### SPR1000

#### **POWER RACK**

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SS
- 81"L x 53"W x 90"H, 350 lbs.





#### SPR1000BACK

#### **EXTENDED POWER RACK**

- Rear Extension includes 6 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.





#### SPR1000DBBACK

# DOUBLE EXTENDED POWER RACK

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connecter
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.

### **SPR1000 OPTIONAL ATTACHMENTS**

View the next 3 pages for all 29 SPR1000 Attachments



## SPR1000 OPTIONAL ATTACHMENTS (page 1 of 3)



1.

**GPRDH**Dip Handles



2.

**GPRTBR** T-Bar Row



3.

**SPRACB**Connector Bar



**SPRBT**Ball Target

**SPRBSA** 

Belt Squat Attachment



8.

**SPRCB**Fat-Grip
Chin Bar



4.

**SPRBHV**Dual Vertical
Bar Holder



9.

**SPRCUA** Multi-Grip Chin Bar



5.

SPRBP Band Pegs



10.

**SPRDCB**Dual Chin Bar

## SPR1000 OPTIONAL ATTACHMENTS (page 2 of 3)





**SPRDIP**Dip Handles



16.

**SPRLFT** Monolift



12.

**SPRHBH** Heavy Bag Hangar



17.

**SPRMB**Connecting
Money Bars



13.

**SPRHT**Hip Thrust



18.

SPRMGC Multi-Grip Pull Up



14.

**SPRJAM**Jammer Arms



19.

**SPRBACK**Rear Extension



15.

**SPRJC** J-Cups



20.

**SPRSA**Spotter Arms

## SPR1000 OPTIONAL ATTACHMENTS (page 3 of 3)





SPRSF Safeties



26.

**SPRTB**Dual T-Bar Row



22.

**SPRSP**Spotter Platforms



26.

**SPRUL** U-Link



23.

**SPRSS**Safety Straps



27.

**SPRWPH**Weight Plate Horn



24.

**SPRST**Storage Tray



28.

SPR-REB
Ball Rebounder
Attachment



25.

**SPRSTEP**Plyo Step
Attachment



29.

**SPR-SBH**Stability Ball
Holder





#### **SPR500**

#### **HALF RACK**

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 53" W x 89" H, 208 lbs.





#### SPR500BACK

#### **EXTENDED HALF RACK**

- Rear Extension includes 4 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 81" W x 89" H, 339 lbs.





#### SPR500DBL

#### **DOUBLE HALF RACK**

- Two functional Half Rack in the space of a single Power Rack
- Laser-cut numbers
- 3"x3" 11-gauge steel mainframe
- Includes four j-cup liftoffs, four safety spotter arms, two chinning bars, six weight horns
- 101"L x 85"W x 89"H, 583 lbs.





#### **SPR250**

#### **SQUAT STAND**

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51"L x 59"W x 73"H, 141 lbs.

## **SPR500 OPTIONAL ATTACHMENTS**

View the next 3 pages for all 25 SPR500 Attachments



## SPR500 OPTIONAL ATTACHMENTS (page 1 of 3)





SPRBHV
Dual Vertical
Bar Holder



10.
SPRDBLKIT

## SPR500 OPTIONAL ATTACHMENTS (page 2 of 3)





**SPRDCB**Dual Chin Bar





**SPRJC** J-Cups



12.

**SPRDIP**Dip Handles



17.

SPRLFT Monolift



13.

**SPRHALFBACK**Rear Extension



18.

**SPRSA**Spotter Arms



14.

**SPRHLA** 

Lat Attachment (Optional weight stack, SP200)



19.

SPRSP Spotter Platform



15.





20.

**SPRST**Storage Tray

## SPR500 OPTIONAL ATTACHMENTS (page 3 of 3)

















SPRUL U-Link



SPR-SBH Stability Ball Holder

### SPR500BACK OPTIONAL ATTACHMENTS

These 3 Attachments only fit the SPR500BACK





