

CHIN / DIP ASSIST

HD-3700

CHIN UP (ASSISTED)



DIP (UNASSISTED)



EASY ASSIST
PAD STORAGE



PULL-UP / CHIN-UP
GRIPS



SPECS

- ◆ **PRODUCT DIMENSIONS (L x W x H)**
52.0" x 48.0 x 83.0" (132 cm x 122 cm x 210 cm)
- ◆ **PRODUCT WEIGHT HD**
579 lbs (262 kg)
- ◆ **PRODUCT WEIGHT HDG**
579 lbs (262 kg)
- ◆ **WEIGHT STACK HD**
210 lbs (95 kg)
- ◆ **WEIGHT STACK HDG**
210 lbs (95 kg)

FEATURES

- ◆ Compact, kneeling design saves space for a smaller footprint in fitness facilities
- ◆ Four pull-up/chin-up grip options including HOIST's patented FLIP-N-GRIP® handles and rock climbing grips
- ◆ Knee pad folds out for assisted exercises and can be placed into stowed position for unassisted exercises
- ◆ Dual-position dip handles (wide and narrow)