

INNER THIGH

RS-1406



FEATURES

- Range of motion adjustment accommodates starting position
- Starts the body in a decline position to enhance user comfort by facilitating hip abduction to open the thigh muscles while maintaining proper alignment of the spine
- The forward rocking movement reduces stress on the body by allowing the hips to naturally flex forward, while supporting the low back

SPECS

- Product Dimensions L x W x H:
68.25" (173 cm) x 37.50" (95 cm) x 56.50" (144 cm)
- Product Weight: 631 lbs (286 kg)
- Weight Stack: 190 lbs (86 kg)