

CLUB SERIES+

UPRIGHT LIFECYCLE® BIKE

Bring home your favorite workout from the gym with the Life Fitness Club Series+. Rooted in 20 years of reliability and innovation, this workhorse cardio series is a trusted fixture in top facilities across the world. The Club Series+ Lifecycle Bike offers superior product features for your best workout, advanced exercise technology, and a modern design that looks great in the home.



A COMFORTABLE RIDE

Easy adjustment for a fine-tuned and ergonomically sound seat position. Wide, self-leveling pedals with simple buckle straps allow you to get on and go.



ERGONOMIC RACING HANDLEBARS

Handlebars are designed to offer cruising, hybrid and race positions. Integrated resistance controls make in-workout changes easy.



GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.



BUILT TO LAST

Built with the same rugged durability as the bikes found in busy health clubs. The Club Series+ promises to be a trusted workout partner for the long haul.



Life Fitness

S⁺ CLUB SERIES⁺

UPRIGHT LIFECYCLE[®] BIKE

BASE FEATURES	
Deluxe racing handlebars (ergonomic design with elbow support)	•
Remote resistance controls	•
Easy adjust pedal straps	•
Self-leveling Wide Ride™ pedals	•
Improved Comfort Curve™ seat	•
Height position adjustment (easy to reach lever while on or off the product)	•
Fine-tuned seat adjustment positions	38
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	2
Integrated accessory tray	•
FRAME	
Generator Drive System	•
Brushed stainless steel vents	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Titanium Storm finish	•

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	41.5" (105 cm)
Width	24.5" (62 cm)
Height	54.5" (138 cm)
Unit weight	169 lbs (76.5 kg)
POWER REQUIREMENTS	
Self-powered (SL Console only)	•
Auto Start: Brings power to console when user begins pedaling	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for ST and SE3 HD Consoles
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for ST and SE3 HD Consoles
WARRANTY*	
Parts	3 Years
Labor	1 Year
Frame	Lifetime
WORKOUTS	
Goal Workouts: Time, Distance, Calories, Climb, Heart Rate, 2-Speed Interval, Flat, Hill, Rolling Hills, Random	•
Fitness Test Protocols: Life Fitness Fit Tests, WIFI Submax Protocol, Physical Efficiency Battery, Navy PRT, U.S. Army PFT, U.S. Marines PFT, U.S. Air Force Fitness Test	•

* Warranties outside the U.S. may vary. Specifications subject to change.

CONSOLE OPTIONS: Club Series+ includes these console choices



SL CONSOLE

- Large, vivid LED display
- Apple Watch[®] compatibility

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