



Steelflex rowing machine seated (PLSR-BR)



The Steelflex Plate Loaded rowing machine is constructed of a rugged 11-gauge oval steel tube that provides excellent strength with a modern design. The frame is protected with a high quality powder coating that resists scratches, wear and sweat. This rowing machine seated is suitable for use in home to commercial environments such as weight rooms in high schools, college fitness facilities, training studios, military and commercial fitness centers and more.

CHF 1'290.00

Equipment

- isolateral (independent, unilateral or bilateral) arm movement for balanced muscle development and advanced biomechanics
- 10° divergent movement
- height adjustable seat
- horizontally adjustable chest pad with gas pressure support for different arm lengths and complete isolation of the back muscles
- high density foam handles
- sturdy 5 x 10cm powder coated oval steel frame
- sealed bearings on all pivot points
- disc pads 50mm
- extra strong, high quality 5cm leather padding (polyurethane + PVC leather), comfortable and ergonomic
- color: black/red

Use: home to commercial continuous use, payload disc support: approx. 150kg per arm

Equipment dimensions: L183 x W158 x H195cm, weight 70,5kg

Options: Discs

Warranty: 2 years on labor and spare parts (excludes consumables such as pads).