



TuffStuff MFT-2700 Multifunctional Trainer



The compact and space-saving multifunctional device MFT-2700 from TuffStuff for strength training impresses with its variety of training options. The Tuff Stuff MFT-2700 cable pull station combines in a very special way the functions of a multifunctional cable pull with the training possibilities of a multi-station. The two lever arms can be adjusted independently in all heights and directions. The adjustable arm bars offer extensive exercise variations.

CHF 4'990.00

The Tuff Stuff MFT-2700 Dual-Stack Functional Trainer features 2 independently operating weight stacks. With a weight of about 90 kg each. This allows the two halves of the body to be trained with different weights and thus compensate for imbalances.

The adjustable lever arms not only allow for a variety of different exercises, but also enable the exercises to be performed at a wide range of angles and the device to be adapted to different body sizes. Thus, exercises in kneeling, sitting or standing position are possible on the Tuff Stuff Multitrainer MFT-2700. The workout can be made even more versatile in combination with an optionally available weight bench or an equally optionally available exercise ball. Thanks to the thoughtful design, it is also possible for wheelchair users to approach the Tuff Stuff MFT-2700 and work out.

Features:

- the lever arms are vertically adjustable by 150° (15 positions) and horizontally by 165° (5 positions)
- 360° rotation of the pull handles
- horizontal (side-to-side) adjustment is made by foot pedals - vertical (top-to-bottom) adjustment is made by hydraulic cylinder
- 3-dimensional pulling directions allow unlimited anatomical training exercises from different angles for general whole-body strength training or sport-specific training exercises
- unilateral or bilateral movement execution possible
- 1:4 ratio provides 1.125kg resistance increments
- cable travel 244cm
- the Tuff Stuff MFT-2700 can be used as either a single pull or independent double pull



- compact, space-saving design
- electro-welded sturdy frame construction
- plastic coated steel cables from the aircraft industry
- plastic coated steel cables with a tensile load of up to 1'000 kg
- 2 independently working weight blocks of 90kg each made of black high quality steel
- aluminum rollers for optimized running characteristics and optical enhancement
- wide base frame for good accessibility of wheelchair, rehab material, training bench or gymnastic ball
- frame color: Platinum
- exercise illustrations on the weight magazine fairing

Adjustment possibilities of the lever arms (approx. height of the arms in the different angles):

- Position 1: 18 cm
- Position 2: 28 cm
- Position 3: 41 cm
- Position 4: 56 cm
- Position 5: 74 cm
- Position 6: 91 cm
- Position 7: 109 cm
- Position 8: 127 cm
- Position 9: 145 cm
- Position 10: 160 cm
- Position 11: 178 cm
- Position 12: 191 cm
- Position 13: 201 cm
- Position 14: 211 cm

Exercise examples Tuff Stuff MFT-2700 Dual-Stack Functional Trainer:

- Lat pulldown
- Shoulder Press
- Triceps
- Biceps
- Chest Press
- Butterfly
- Reverse butterfly
- Abdominal muscles
- Rowing exercises (one and two arms)
- Abdominal exercises
- Squats
- abductors/adductors
- and many more exercises. Optional accessories, such as a weight bench or exercise ball, expand the number of possible exercises.

Use: home use to light institutional use

Equipment dimensions: L300 x B160 x H186cm frame, respectively height at highest lever arm setting 211cm, weight 292kg

Accessories: foot strap, 2 hand grips, training DVD (in English)

**The Shark
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Option: training bench, exercise ball

Warranty: 2 years on labor and spare parts (excluding consumables such as pads/cables)