



## Schiek Power Lifting Hooks Model 1200PLH



Power Pull-Up Hooks from Schiek Sports. The Schiek Power Lifting Hooks Model 1200 combine a sturdy hook with deluxe wrist support. The durable steel hooks are 6.5cm wide and protected with a slip-resistant coating.

CHF 79.90

The wrist is still extra supported with a wide neoprene bandage. The 5cm durable straps and buckle, ensure a secure hold. The pull-up hooks are ideal for lat pulldowns, shoulder raises, traction exercises, low rows and other back and shoulder exercises.

- 1/4 thick - 2 1/2 wide padded neoprene wrist support.
- Flexible coated durable metal hook for a secure hold.
- Very Good for lat pulldowns, shoulder raises, traction exercises, low rows and other back and shoulder exercises.
- Price per pair