



Sponser Magnesium 375 liquid 30 x 25ml



The liquid magnesium from Sponser - refreshing in taste and without calories. One ampoule provides 250mg magnesium, enriched with vitamin C and B6.

CHF 45.00

Magnesium plays a crucial role in muscle contraction as well as in energy metabolism and is particularly important for the increased needs of athletes and active people of all ages. An adequate supply of magnesium can prevent muscle tension and increases stress tolerance. Physical performance and high sweat losses increase the magnesium requirement and justify supplementation.

Fructo-oligosaccharides are soluble dietary fibers that strengthen the body's defenses and promote digestion and magnesium absorption. Magnesium plays a crucial role in muscle contraction as well as in energy metabolism and is particularly important for the increased needs of athletes and active people of all ages. An adequate supply of magnesium can prevent muscle tension and increases stress tolerance. Physical performance and high sweat losses increase the magnesium requirement and justify supplementation.

Fructo-oligosaccharides are soluble dietary fibers that strengthen the immune system and promote digestion and magnesium absorption.

Vitamin C has the function of an antioxidant and vitamin B6 is necessary for the metabolism of proteins and their components (peptides and amino acids).

- 1 ampoule provides 250 mg of magnesium (=67% ETD)
- Enriched with vitamin C and B6
- Refreshing taste and no calories

Directions:

Take during physical activities or everyday life. Ideal for those with a tendency to muscle cramps or when there is an increased need for magnesium.



Ingredients:

Water, acidifier (citric and lactic acid), fructose, orange juice concentrate 5%, magnesium carbonate, vitamins (C, B6), preservative potassium sorbate, flavors, sweeteners (sodium cyclamate, saccharin sodium).

Packaging unit: 30 ampoules of 0.25ml

Flavor: exotic

Content: 750ml