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TOGU Jumper PRO - The original



Jumper PRO - The original - Get fit! The innovation from Togu. Achieve optimum form and stability with a lot of fun and little effort. Ideal for fitness, training and therapy.

CHF 329.00

The patented Jumper PRO (European Patent No. 2092964) - made in Germany - is a multifunctional training device. An air-filled trampoline ball made of durable ruton on a fiberglass-reinforced base plate. The material is odorless and can withstand loads of up to 200 kg. The product is latex-free and contains no banned phthalates (in accordance with EU Directive 2005/84/EC). The air filling can be regulated using a valve. The surface is non-slip, as is the base plate. The inwardly curved base plate creates an ingenious trampoline effect and allows easy stacking without a stacking aid.

Now with the additional Jumper Pro Plate, which creates a flat surface on the back of the Jumper made in Germany. The new plate is quick and easy to attach and remove with a screw supplied. This means that the different support surfaces can also be used during training. The new flat surface makes it possible to place the sole of the foot in a physiologically correct position during balance, coordination and strengthening exercises while standing. This opens up even more exercise variations.

Thanks to its versatility, practically all muscle groups can be trained, especially the deeper muscles that are important for general fitness. At the same time, balance, coordination and sensorimotor skills are improved involuntarily. The trampoline effect also makes training a lot of fun. Due to its suitability for strengthening the back muscles, the Jumper has been awarded the AGR seal of approval, Aktion gesunder Rücken - besser leben e.V..

Depending on the purpose of the exercise, the Jumper can be used standing, jumping, sitting or lying down. The air filling provides an unstable yet dynamic surface. You can jump on the jumper, balance while standing and perform squats. You can train your abdominal muscles while sitting and your back muscles while lying down. Jumping from side to side is also possible without any problems as the jumper is designed to be non-slip. A comprehensive exercise poster with numerous training suggestions



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is included. The Jumper PRO can be used on both sides.

- ideal pressure distribution thanks to proven Dynair technology
- non-slip on all surfaces
- more stability for the ankle joint
- extremely dynamic rebound (trampoline effect)
- better grip surface
- Can be used on both sides
- Vibration/transmission of vibrations to the body
- also designed for lateral jumping
- Integrated Easy Store system: no extra storage aid required

Dimensions: 52 x 24cm Weight: 6kg Material: ruton with fiberglass-reinforced plate Load capacity approx. 200kg Colour: red with black plate