



## Schiek Arm Straps for Abdominal Training (1400ABS)



Arm straps from Schiek Sports especially suitable for effective abdominal training and cable pull exercises.

**CHF 45.90**

The Schiek Sports abdominal training straps feature 1/4-inch (0.65cm) plush neoprene padding, a heavy-duty D-ring and durable, non-slip woven material for a secure grip.

- Length of stirrups: 18 inches (45.72cm)
- extremely durable
- padded arm straps
- for effective abdominal training (leg raises hanging)
- simply attach to the pull-up bar and guide the arms through the loops
- especially suitable for cable training
- made in the USA by Schiek Sports