



Sypoba Fitness Kids



The KIDS model is the simplified form of the Fitness Basic model and is not further expandable. The two holes are only for carrying the SYPOBA. The aluminum roller is open and therefore does not have the abdominal roller function.

CHF 169.00

The Fitness Basic model consists of:

- Training plate (30x60 cm)
- aluminum roller with rubber rings
- exercise poster
- Execution in nature

Recommended for:

- balance exercises in various basic positions
- first walking attempts in the stabilization and strengthening area
- concentration exercises in school lessons
- schools at primary level

Optionally available: SYPOBA DVD Basic 1 includes:

- Trailer (motivational sequence)
- Functions (How to use the SYPOBA)
- Exercise instructions (What do I have to pay attention to when exercising)
- Workout (Training to join in)
- Interview (With SYPOBA inventor Robin Städler)

**The Shark
Fitness Company**



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