



## Sponser Liquid Energy BCAA 20 x 70g

Best-tolerated liquid energy concentrate made from fast- and slow-absorbing carbohydrates. Enriched with BCAA. Ideal for long-term endurance training.



CHF 64.00

Liquid Energy BCAA is a highly concentrated energy gel and, in addition to glucose and fructose, also contains BCAA and taurine and is also enriched with sodium and potassium. The branched-chain amino acids (BCAA) leucine, valine and isoleucine mainly serve as fuel for the muscles. Targeted supplementation can protect the body's own BCAA and support muscle synthesis and therefore regeneration after sport. Recent study results also suggest that BCAA can reduce central fatigue, which can be beneficial during long-term endurance exercise. Taurine is valued and used for its regenerative properties.

### Benefits:

- 500 mg BCAA
- 400 mg taurine
- Practical dosage and handling
- Without preservatives
- High-tech energy gel especially for endurance events and regeneration

Packaging unit: 20 X 70g tubes

Flavor: banana-strawberry

Content: 1400g