## Sponser All in 1 Pro Power Mass Gainer 1200g Can



Mass Gainer contains a carbohydrateprotein blend with micronutrients, tailored to the needs of strength athletes who want to gain mass especially fast (hardgainers).

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CHF 54.00

The carbohydrate mix of fast and slow available carbohydrates provides training energy as well as a long-lasting energy supply, which promotes the muscle and mass building processes. Mass Gainer contains a mix of high quality protein sources with also fast - and slow availability. The free amino acid L-Leucine stimulates protein synthesis after training, LGlutamine promotes glycogen storage. Additionally enriched with creatine monohydrate, for even more intense training and thus faster strength and muscle growth. The special fat MCT (medium-chain fats) provides extra energy and promotes targeted weight gain. MCT, unlike conventional fats, is metabolized directly as energy and does not accumulate as depot fat.

## Benefits:

- High-quality all-in-one training support, based on carbs, protein, and creatine
- High quality protein sources from Cross Flow Microfiltration and Ultrafiltration
- · Without artificial sweeteners
- · Low lactose: only 0.2 g per serving

## Directions:

Up to 30 min before and after training 1 serving each. 2 drinks daily.

## Ingredients:

protein powder (ultrafiltered milk and whey protein isolate, ultrafiltered casein, whey protein and casein hydrolisate, starch hydrolisates from barley and rice, maltodextrin, sucrose, dextrose, MCT oil, creatine monohydrate, betaglucan barley bran, flavors, mineral salts, L-leucine, L-glutamine,



**Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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soy lecithin, vitamins, vanilla beans.

Packaging unit: 1200g tin Flavour: Chocolate, Vanilla

Content: 1200g