



Sponser Power Pro Carnipure 150g can

L-carnitine serves to transport fatty acids into the mitochondria, where it enables them to be optimally burned for energy.



CHF 35.00

Endurance athletes also benefit from the antioxidant capacities of L-carnitine, which significantly reduces stress parameters such as lactate, cortisol, creatine kinase, as well as ammonia levels [Ref. 1, 2, 3].

Advantages:

- Individual dosage
- Certified product quality
- Very good price-performance ratio

Directions:

Add 1 level scoop (1.5 g) daily to water or other beverage.

Combination of L-Carnitine and Carboload

Carboload combined with the intake of L-Carnitine does not increase the muscle carnitine content and no combined effect on endurance performance can be expected. However, both measures, taken in isolation, can provide significant benefits (improved recovery ability, significant energy benefits) for the endurance athlete.

Ingredients:

100% pure L-carnitine tartrate.

Flavor: neutral

Packaging unit: 150g can

**The Shark
Fitness Company**



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Content: 150g