



## Powerline Option to Power Rack PPR200X: Lat-/Rudder Pull for Discs PLA200X



The Plate-Load Slide on Lat/Row Powerline features 25mm diameter weight rests that can accommodate standard or Olympic weight plates. Turn your Powerline Power Rack PPR200X into a multi-workout machine. This lat/row pull attachment will help you build a wider, stronger back and/or stronger and bigger biceps and triceps. (For Powerline Power Rack only. Item cannot be used independently).

**CHF 299.00**

- with nylon coated cables in aircraft quality
- includes lat bar and low row bar
- height 213cm
- Weight 25,5kg