



## Sponser Glucosamine Chondroitin 180 tablets



Each joint is coated with a layer of cartilage and an actual lubricating fluid. This fluid, produced by the joint capsules, enables the smooth and thus painless sliding of the joint bones and nourishes the cartilage. Chondroitin and glucosamine are important substances for building and maintaining tissue structures of the musculoskeletal system.

**CHF 34.00**

Bones, cartilage as well as the synovial fluid depend on the supply of these nutrients. If the body cannot produce these substances sufficiently, the joint fluid becomes thinner and more watery. This makes the joints more susceptible to wear and tear, due to the lack of lubricants. Normally, the body produces sufficient amounts of these substances. However, as we age, the production of synovial fluid decreases, consequently the joints dry out and become more susceptible to overuse.

Collagens are also an essential component of the joints and provide the stability and tensile strength of the joints. Special gelatin, which is rich in collagen, serves as an important building material of the joint cartilage matrix. Studies have shown that low-molecular collagen protein is even more effective than glucosamine and chondroitin.

A targeted supply of the substances chondroitin, glucosamine and collagen is difficult to achieve through the daily diet, as these substances are mainly found in by-products of the meat industry (cartilage, connective tissue).

Vitamin E can intercept free radicals as an antioxidant and is considered an important nutrient in inflammatory reactions.

- 3-fold active complex of special gelatine (collagen hydrolisate) and the active ingredients glucosamine and chondroitin
- 750 mg glucosamine and 500 mg chondroitin sulphate per daily ration
- Scientifically broadly supported effectiveness

Application:

Suitable as a food supplement for maintaining the health of the joint apparatus. Particularly suitable for

**The Shark  
Fitness Company**



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athletes who are exposed to high physical stress.

Consumption recommendation:  
4 tablets daily

Packaging unit: 180 tablets

Content: 174g