



## TRX resistance bands to Rip Trainer



Resistance bands to Rip Trainer available  
in 4 strengths.

CHF 27.00

### **TRX light resistance cord**

The light resistance cord provides an optimal introduction to TRX Rip training especially for lightweight users, seniors or young exercisers. This band offers 7 kg of resistance and is recommended for users with a body weight between 36 kg and 50 kg. Included in the delivery is a high-quality nylon transport bag. The band is used in conjunction with the TRX Rip Trainer.

### **TRX medium resistance cord**

Comes standard with the TRXreg: Rip Trainer and provides a perfect foundation for almost all fitness levels. This medium resistance cord offers more than 9 kg of resistance and is recommended for exercisers with a body weight between 50 kg and 64 kg. Included is a high quality nylon carrying pouch. The band is used in conjunction with the TRX Rip Trainer.

### **TRX heavy resistance cord**

A real challenge for strong, powerful athletes. This heavy resistance cord offers more than 11 kg of resistance and is recommended for exercisers with a body weight of more than 64 kg. Included is a high quality nylon carrying bag. The band is used in conjunction with the TRX Rip Trainer.

### **TRX extra-heavy resistance cord**

The enhancement of the Heavy Resistance Cord - this extra-heavy resistance cord offers more than 17 kg of resistance and is recommended for users with a body weight of more than 78 kg. Included is a high quality nylon carrying bag. The band is used in conjunction with the TRX Rip Trainer.

**The Shark  
Fitness Company**



**Shark Fitness AG**  
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light resistance band (up to 7kg) - CHF 27.--  
medium resistance band (up to 9kg) - CHF 29.--  
strong resistance band (from 11kg) - CHF 32.--  
extra strong resistance band (from 17kg) - CHF 35.--