



NOHrD Hedgehock shadow



The Hedgehock offers a unique seating option. Its clear cube shape seems to contradict sitting at first sight, but as soon as you get to know it practically, you will experience ergonomics in its purest form, because the 49 wooden blocks are individually sprung and adapt softly to your body shape. The HedgeHock health stool without backrest is a good alternative to the conventional sitting stools and trains a healthy posture.

CHF 499.00

Everyone sits, every day, for hours on end. But what is it about sitting anyway? We are happy about ergonomic seat cushions, designed plastic shapes and relax furniture. But the archaic activity of sitting is best served by seating furniture that is natural and clear. Structured in this way, into a clear, geometric exterior and an organic, mobile interior, the Hedgehock brings harmony between dynamics and statics. When sitting, ergonomics is achieved through mobility, allowing one's body to shape its base.

The felt soft wood in the HedgeHock supports the upright sitting posture. With conventional back-friendly sitting stools, the sitting posture must adapt to the shape of the stool. With HedgeHock, however, the seat base yields depending on body stature and weight. The precise natural wood construction of HedgeHock promotes a healthy and relaxed sitting posture. Both the precisely measured cube shape (45x45x45) of the HedgeHock and the gentle suspension of the wooden blocks support an upright and active sitting position.

You move dynamically while sitting on the springy wooden blocks, forming a new base with each change of movement. Since the HedgeHock sitting stool is without a backrest, one tends to adopt an upright and straight back posture. This makes the HedgeHock a particularly good alternative for improving general back posture in everyday life.

another feature makes the HedgeHock from NOHrD unique: it is handcrafted in the NOHrD sports equipment manufactory from a choice of four woods: ash, oak, cherry and walnut. There is also a club version made of dark-stained ash wood.

- 49 springy seat blocks adapt to your body shape and weight and train healthy posture
- for every age and weight category



- natural and healthy sitting
- prevents back pain and tension
- gentle suspension trains upright sitting posture
- dynamic sitting activates your muscles and prevents tension
- attractive and modern design
- flexibly adjustable with 4 castors
- adaptable to the interior design
- available finishes of HedgeHock stool: oak, ash, dark stained ash (club), cherry and walnut wood
- dimensions: 45 cm x 45 cm x 45 cm
- Own weight: 18kg