



## TRX Force Kit Tactical Suspension Trainer



TRX Suspension Trainer FORCE Kit Tactical - the most versatile and robust TRX Suspension Trainer available has been improved and enhanced with many unbeatable features. New, optimized TRX trainer and new program - built on feedback from military personnel in the field and based on the latest scientific training findings. Even lighter, stronger and more durable.

**CHF 269.00**

The TRX Force Kit is the high-end TRX belt and was developed based on the enormously high requirements of the US military for training equipment. It is planned, designed and tested for the highest requirements and demands on material and performance. The TRX Force Kit impresses with the enormously high quality of workmanship and useful product additions for an effective workout at any time and in any situation.

### **Advantages**

Increase your athletic performance. Suspension training builds increased muscular balance, joint stability, flexibility and "core" strength (abs and lower back muscles). It will improve your posture and prevent injuries.

### **Strengthen your "Core"**

Trained abs please everyone. However, it is more important to build resilience from the core of the body, which will improve posture and prevent injury. All of our movements are controlled from the upper body - abdominal muscles and lower back muscles support the spine every day and help us work out and do other physical activities. In each exercise of TRX Suspension Training, the body is challenged to maintain balance. The abdominal muscles and the lower back muscles ("core") take care of this and thus require coordination of movements, which in turn automatically trains them.

### **Unparalleled versatility**

The TRX Suspension Trainer has unparalleled versatility compared to expensive fitness equipment. It is the only fitness equipment that trains the whole body, replacing various other equipment at the same time.

### **Portable and easy to assemble**



Weighing only 650g, the TRX Suspension Trainer is easy to take anywhere and can be assembled in less than a minute. In addition, it can be easily packed for portability. TRX allows you to train anywhere you want, for example at home, in nature or in a TRX Suspension Training class.

**Be fit for life**

In daily life we move in all directions, over and over again. A good workout would have to take that into account. Unlike traditional workouts with weights where movements are guided and linear, TRX Suspension Training promotes a multi-planar workout that integrates your everyday movements.

**Highest Quality Workmanship**

Each TRX is manufactured to the highest industrial guidelines and has belt clamps, non-slip handles and foot restraints. Certified for authenticity by hologram and serial number.

- Width of the highest quality nylon strap: 4cm.
- Load capacity of the highest quality nylon strap: up to 600kg
- double stitching with durable and long-lasting nylon thread
- Carabiner solution for changing suspension solutions in seconds. Loadable up to 900kg
- Handles - high quality, padded, non-slip solid rubber handles - waterproof, robust, durable, hygienic, antibacterial
- Minimally larger footstraps, optimal especially for training with boots.
- Padded triangles above the handles - protection for the forearms especially during exercises like push-ups or dips.
- Individually adjustable length of the nylon straps - low-profile steel slide length adjustment - enormously simple operation (steel slide made of lightweight aluminum).
- patented balancing loop for optimal training performance especially for one-arm exercises
- weight of only 600g
- loadable up to 159kg
- color: olive green

**The TRX Suspension Trainer Force Kit Tactical package includes:**

- Robust steel sled length adjustment. Simple, effective and saves weight. Processed to the highest standards, 4cm wide industrial nylon, loadable up to 600kg, non-slip and robust rubber grips, patented Kevlar balancing loop, weight 600g.
- TRX Suspension Anchor FORCE with intermediate anchoring loops (for anchoring to trees, gates, posts, TRX Xmount, etc.)
- TRX Door Anchor FORCE (for anchoring to doors)
- TRX Xtender (for high and wide anchor points) - 4cm wide industrial nylon processed to the highest standards. Length 98cm
- TRX storage and transport bag with backpack function and with pockets for small parts