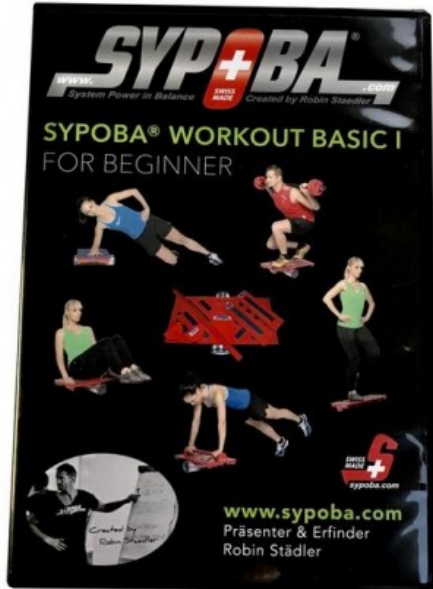




Sypoba DVD - Sypoba Workout Basic 1



The first SYPOBA® Workout DVD with the Basic Training and other useful features.

CHF 9.90

The first SYPOBA® Workout DVD Basic 1 includes:

- Trailer (motivational sequence)
- Functions (How do I use the SYPOBA®)
- Exercise instructions (What do I have to pay attention to when exercising)
- Workout (Training to join in)
- Interview (With SYPOBA® inventor Robin Städler)