Inkospor X-Treme L-Carnitine Concentrate 1L



L-carnitine is a vital natural nutrient that can also be produced by our body itself in small quantities. Among other things, L-carnitine plays an important role in the fat metabolism of our body, because L-carnitine can transport the long-chain fatty acids into the mitochondria, where they are burned.

CHF 22.50

Fat burning creates the energy needed for training, for example. L-carnitine also plays an essential role in the energy metabolism of the cells and is therefore important for the function of our body organs.

Conclusion: with regular training, additionally supplied L-Carnitine can support fat burning, reduce protein breakdown and promote regeneration.

1 serving Inkosporreg: X-TREME L-CARNITINE CONCENTRATE contains 1,000mg of pure L-Carnitine from the quality brand Carnipure of the company Lonza.

Consumption recommendation:

inkosporreg: X-TREME L-CARNITINE CONCENTRATE 30-60 minutes before training drink: the tangy Fresh Lemon flavor gives you then the necessary kick! Whether pure, diluted with water or mixed with other sports drinks, inkosporreg: X-TREME L-CARNITINE CONCENTRATE is an ideal complement to your training sessions.intake time: before training

Flavor: Fresh Lemon Packaging unit: 1L bottle

Content: 1000ml