



## Dymatize BCAA 2200 400 capsules



After strength training, the metabolism runs at full speed and the build-up of muscle protein is stimulated. Amino acids are the building blocks of these proteins. Branched Chain Amino Acids (BCAAs) belong to the 9 essential amino acids that cannot be produced by the human body itself - therefore, the need must be covered through food intake. The BCAAs L-leucine, L-isoleucine and L-valine are three branched chain amino acids and account for about 20-35% of human muscle protein.

**CHF 47.60**

Due to their convenient size, the BCAA 2200 capsules are easy to swallow and are perfect for on the go in the morning, before or after training. The capsules provide the three essential branched-chain amino acids in a 2:1:1 ratio and also contain vitamin B2 (riboflavin) and vitamin B6. Vitamin B2 and vitamin B6 help reduce fatigue and tiredness.

- 1 serving (= 4 capsules) contains 2.2 g of the BCAAs L-leucine, L-isoleucine and L-valine.
- Provides the three branched-chain amino acids in a 2:1:1 ratio
- Rich in vitamin B2 (riboflavin) and vitamin B6
- Gluten free
- Tested for banned substances by Informed-Choice to ensure both athlete safety and the highest product quality.

### Directions

Swallow 4 capsules daily with some liquid - e.g. in the morning, before or after training. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily intake stated. Keep out of reach of children.

### Ingredients

L-Leucine (38%), L-Isoleucine (19%), L-Valine (19%), gelatin, bulking agent (cellulose), anti-caking agent (magnesium salts of fatty acids), antioxidant (ascorbic acid), vitamin B6, riboflavin.

Packaging unit: 400 capsules

Flavor: neutral

**The Shark  
Fitness Company**



**Shark Fitness AG**  
Stores in Wettingen (ZH)  
and Wil (SG)

056 427 02 25  
[info@sharkfitness.ch](mailto:info@sharkfitness.ch)  
[www.sharkfitness.ch](http://www.sharkfitness.ch)