



Finnlo Elliptical Spirit E-Glide (3955)



The Finnlo E-Glide speed elliptical trainer combines the classic movement of an elliptical trainer with the drive of a professional indoor cycle. Additionally equipped with the new Double-Transmission-System, this causes a doubling of the disc rotation compared to conventional cross trainers. With low resistance, very high rotation rates are possible - an increase in calorie consumption of up to 25% is possible. An 18kg flywheel mass in combination with the quality ball bearings creates a unique, even and innovative running feeling which will convince you immediately. With every workout, you can feel the high-quality workmanship of the Spirit E-Glide and will be driven to peak performance again and again.

CHF 2'790.00

Equipment:

- mechanically controlled magnetic brake system
- manual, stepless resistance adjustment via rotary knob
- double transmission system (double grooved belt drive) for a doubling of the disc rotation - high intensity training = low resistance with high number of revolutions
- Emergency brake
- flywheel mass approx. 18kg
- step length 52cm
- Pedal distance (Q-factor): 6cm - The **Q-factor** describes the pedal distance. While in walking the pedal distance is 120 - 150 mm, in running it is smaller and is 80 - 100 mm. A low Q-factor provides beneficial ergonomics when running on the elliptical.
- Training computer with LCD window and 4 permanent displays - powered by battery (AA+)
- console display of distance, heart rate, revolutions per minute, resistance level, time, speed
- load regulation: speed-dependent
- telemetric heart rate measurement (integrated pulse receiver 5khz)



- forward and backward motion sequence for different muscle strain
- ergonomic handle bars for upper body training
- large pedals for a safe stand
- non-slip treads with profile
- transport wheels
- height adjustment
- double aluminum rail system
- 2 water bottle holders
- color: black/red

Use: home use to light institutional use, payload: approx. 150kg

Equipment dimensions: L177 x W60 x H173cm, weight 111kg

Accessories: integrated receiver for chest strap transmitter

Option: tablet holder

Warranty: 2 years complete warranty

Brake system: Manual magnetic brake

Flywheel: 18 kg

Current-dependent: No

Stride length: 52 cm

Gradient: No

Resistance levels: Speed dependent

Training computer: LCD display

Displayed values: Distance, heart rate, revolutions per minute, resistance level, time, speed

Training programs: No

Pulse-controlled programs: keine

User-defined programs: keine

Hand pulse sensors: No

Pulse receiver: 5khz

Multimedia: Drink bottle holder

Foldable: No

Accessories: integrated receiver for chest strap transmitter

Options: Transmitter belt, floor protection mat

Folding dimensions (length / width / height): No

Dimensions (length / width / height): L 177 x W 60 x H 173 cm

Device weight: 111 kg

Payload: approx. 150 kg

Insert: Home

Warranty: 2 years complete warranty

Features: Motion sequence forward and backward, double transmission system, double aluminum rail system