



TRX Sweat Suspension Trainer



The TRX SWEAT SYSTEM is designed to increase strength and endurance, burn fat and build muscle at the same time.

CHF 209.00

- Increase strength and endurance, burn fat and build muscle at the same time.
- Variety of workouts: suspension training, functional training, HIIT or even yoga
- Reduces the risk of injury
- 6 video workout downloads
- Suitable for all ages, all training levels

TRX Suspension Trainers are the original sling trainers and the worldwide market leaders. They are unmatched in product quality, workmanship and ease of use. The included workout program is the most comprehensive on the market, and years of research have made it ideal for beginners to professional athletes.

Want to take your fitness level to the next level with TRX Suspension Training? Then the TRX SWEAT System is for you. It's fun and provides rock-solid workouts to help you burn fat, build muscle, improve your flexibility and maintain a strong core. The TRX SWEAT System will help you achieve your fitness goals no matter where you go.

One product - countless movements - endless possibilities



- Choose from dozens of workouts tailored specifically to your goals and lifestyle. You can even schedule workouts and track your progress.
- Trainers guide and motivate you through a variety of workouts, including suspension training, functional training, HIIT or even yoga
- Fitness poster with 2 complete workouts and multiple exercises translated into 7 languages
- Scientifically validated and proven to activate more muscles, leading to more results in less time.
- Training with the TRX Suspension Trainer has been proven to increase muscle activation, reduce the risk of injury and accelerate results.
- Perfect for any age, any level, any goal