



Finnlo power station Autark 6000 (3940)



With the Finnlo Autark 6000, Finnlo brings another high-quality power station to the market, which is located in the premium segment. The Autark 6000 has numerous stations such as a multi-press for strengthening the chest muscles or a lat pull-down for extensive back and arm training. The extensive training and expansion options of the Autark 6000 satisfy even the most demanding athletes.

CHF 2'890.00

The Autark 6000 has an extensive training range and thus enables a comprehensive and varied strength and strength-endurance training. Bench press and butterfly are among the most popular training exercises for building and strengthening the chest muscles and are possible without exception on the Autark 6000. The ergonomically shaped handles of the Autark 6000 allow different grip and holding positions, which makes a greater training variation and variety possible. The rubberized and padded handles and arm pads ensure a comfortable workout.

Intensive training for the back muscles is possible via the lat pull, which allows numerous training variations through different handles such as a lat pull bar or individual (optionally available) handles. However, not only the back muscles can be trained by the lat pull of the Autark 6000, also intensive arm training is possible with exercises like the triceps press.

The central pulley of the Autark 6000 allows crunches, which are one of the most popular six-pack exercises, but also numerous rotational exercises to strengthen the torso, or rowing motion to strengthen the back muscles are possible through the central pulley of the Autark 6000.

Another highlight of the Finnlo Autark 6000 is the lateral, height-adjustable cable/rope pulley. Due to the dynamic and free training movement, more muscle groups are activated in the body as in classic exercise executions. All muscle groups can be trained effectively on the cable pull of the Autark 6000 without any problems. The included individual handles allow, for example, reverse butterflies, which, effectively train the back muscles, or train your arm muscles by biceps curls. There are no limits to training and creativity with the Autark 6000 cable pulleys. So even after a long training experience you can still set new stimuli for your muscles. Optionally available handles maximize the training possibilities and success.

Features:



- Latissimus pulling tower
- Press unit for bench press, shoulder and neck press, rowing
- separate butterfly unit (foldable to the back) with rotating handles for a perfect motion sequence
- pulley for abdominal exercise (crunch module)
- leg section for leg extension (sitting) and leg bending exercises (sitting), with handholds to stabilize the posture
- height-adjustable traction station with 160° rotating roller system for maximum amplitude of movement
- flexibly adjustable backrest for perfect training ergonomics
- seat height adjustment
- 100kg weight block (20 plates of 5kg each)
- weight magazine cover
- thick tubular steel frame for stability and safety
- robust construction and powder coating
- 1 user
- color: anthracite
- upholstery: black
- target price CHF 2'899.--

Use: home use, payload 120kg, maximum pull weight 80kg

Machine dimensions: L190 x W200 x H223cm, weight 261kg

Accessories: lat bar, straight bar, chain, abdominal crunch rope, 2 hand pull handles

Warranty: 2 years on labor and 3 years on spare parts (excluding consumables such as pads, cables)