



All Stars Mass Gain 2270g can



The weight gainer for your mass buildup, with more than 360kcal per shake (when mixed with water) and numerous vitamins. Each shake provides more than 70g of valuable carbohydrates and 15g of high-quality Whey protein. In addition, a vitamin B complex with vitamins B1, B2, B3, B6, pantothenic acid, biotin and B12 was added, plus vitamin C and E.

CHF 56.90

For one serving, mix 100g of powder with 500ml of water or 600ml of milk in a shaker. Depending on the calorie needs, one shake or even several can enrich the daily diet. However, it should not serve as a substitute for a healthy and balanced diet. Ultimate Mass can be used for breakfast, as a snack or around the workout.

The carbohydrates contained are mainly composed of dextrose and maltodextrin. Whey protein concentrate provides the protein.

Ultimate Mass is a weight gainer for the mass phase, which provides plenty of extra calories and is available in 3 delicious flavors (chocolate, vanilla, cookies cream). In such phases, by supplying more calories than the pure daily requirement, mass is built up, which can be converted into muscle mass through targeted training. The long-term goal is therefore not pure mass gain, but bigger and stronger muscles.

- High quality Whey Protein
- Up to 366 calories per shake
- Multi-vitamin complex
- 22 mass shakes
- without gelatine, without Creatine, without Beta Alanine, without aspartame, without fat

Recommended intake:

For breakfast, before workout, after workout, as a snack between meals

Packaging unit: 2270g can

Flavors: Chocolate, Vanilla

**The Shark
Fitness Company**



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