



## AIREX Balance Pad Elite, lava - L50 x W41 x D6cm



The AIREX® Balance-pad Elite is a further development of the tried and tested Balance-pad. It has a unique non-slip, waffle-like texture on the top and bottom that provides pleasant stimulation of the receptors in the sole of the foot during barefoot balance training. Thanks to its thickness of 6 cm, the AIREX® Balance-pad Elite has the desired destabilizing properties. Its smooth surface is perfect for barefoot beginners to balance training. The flexible foam constantly challenges the body to maintain its balance and thus stabilize the joints. Exercises on the Balance-pad Elite engage deeper muscles than exercises without the Balance-pad.

**CHF 71.90**

The new waffle pattern on the top and bottom of the **AIREX Balance-Pad Elite** ensures that the Balance-Pad Elite has greater slip resistance. The new surface pattern also ensures a pleasant massage and stimulation of the foot sole receptors. Blood circulation in the feet and foot well-being are actively promoted. The new Balance-Pad Elite is used on both sides, which extends its service life.

A secure stance is the starting point for physiotherapy and sports therapy efforts to regain undisturbed walking and foot function.

As a therapy and training device, the **AIREX Balance-Pad Elite** covers a wide range of possible applications. Due to their destabilizing properties, they are used to train motor skills in

- rehabilitation
- prevention
- Recreational and competitive sports

It enables the combined training of conventional and coordinative skills such as strength, endurance, differentiation and balance. Keywords such as proprioceptor training and kinaesthetics are taken into account. Thanks to its specific properties, the **AIREX Balance-Pad Elite** is particularly suitable in the field of prevention and rehabilitation for



#### balance training

- Coordination and reaction training
- gait training
- Stance stability training
- Functional training of the muscles of the lower extremities
- motor exercises to maintain balance, e.g. for age-related changes in the musculature and skeletal system.

The **AIREX Balance-Pad Elite** is manufactured in two different formats. To enhance the buffing effect, several surfaces can be placed on top of each other. The closed-cell, super-soft special foam absorbs neither moisture nor dirt, is hard-wearing and hygienic.

The **AIREX Balance-Pad Elite** is multifunctional and is also ideal as a swimming cushion and floating island.

Dimensions: L50 x W41 x H6cm

Color: lava

Medical purpose:

AIREX® products are designed as movement therapy aids for both institutional and domestic use. It is used as a support for a person during medically indicated and prescribed exercises to improve motor skills and balance or postural control and/or for the therapeutic exercise treatment of muscle weakness in the limbs and trunk as a result of a neurological or orthopaedic condition.

**Note:** Please check the surface for slip resistance before using Airex Balance products. We recommend using an Airex mat as a base to increase comfort and safety.