



Impulse Fitness Functional Trainer (IFFT)



The Impulse Fitness functional trainer has two height-adjustable traction elements that enable a wide variety of training exercises and sport-specific exercises, from fitness to rehabilitation.

CHF 2'890.00

Equipment:

- user-defined, isolateral movement sequences for unrestricted training exercises
- 20 positions for height adjustment of the traction parts
- Quick adjustment of the traction parts
- 2 weight blocks of 90 kg each with a resistance of 45 kg - ratio 2:1
- 2 weight blocks of 90 kg each divided into 6 x 2.5 kg including basic weight plate, 9 x 4.5 kg, 5 x 7 kg
- the 2:1 ratio allows for very gentle training, deeper weight gradations and a greater range of motion

Use: Home to light institutional use

Equipment dimensions: B180 x D90 x H213cm, weight 336kg

Accessories: long bar that can be connected to both pull sides, short pull bar, 2 handles, triceps rope, foot strap

Options: Training bench, Multi Select stabilizer for CHF 269.--

Warranty: 1 year on labor, 2 years on spare parts (excluding consumables), 30 years on frame