## Horizon Fitness Torus 5 Multistation



Horizon Fitness strength equipment is made exclusively from high-quality components that guarantee a long service life. The sturdy, powder-coated steel frame in a modern design can withstand even intensive loads during training. In combination with well thought-out ergonomics for controlled movement sequences and independent cable pulls, our strength station offers countless exercises. The Torus 5 Multistation has adjustable radial arm pulls, which allow training of the upper body and main muscles from different positions and angles, thus contributing to further training variety. The Torus 5 also offers a leg press and a dip/leg lift station.

CHF 2'390.00

The Torus series was developed for outstanding functionality and ergonomics, ease of use and high quality standards for home use. Independent pulleys are used, which enable exercise variety and freedom. In contrast to conventional weight stations, the exercises are not predetermined by the training device with corresponding restrictions. The Torus series allows a range of natural movement sequences for each exercise and trains strength, coordination and balance. The design ensures that the resistance is directed to the muscles to be strengthened and shaped. Unlike strength stations with guided exercises, the stronger arm does not compensate for the weaker arm during upper body training. Instead, the independent radial arm exercises allow both arms to be strengthened and shaped simultaneously for a high level of training results.

## **Equipment:**

- Station 1: Upper cable pulley for lat pulldown, triceps
- Station 2: Cable pulley for abdominal exercises
- · Station 3: Multi press for chest press, seated rowing, shoulder press
- Station 4: Free motion cable pulley for upper chest muscle, chest press, shoulder press, reverse

## **Shark Fitness AG**Stores in Wettingen (ZH) and Wil (SG)

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fly, biceps curl

- Station 5: Leg extension (seated) / leg curl (standing)
- Station 6: Lower cable pulley for seated rowing, standing rowing, biceps curl, front/side shoulder muscle, neck pull, abduction, adduction, knee lift
- Station 7: Dip/leg lift station for core and abdominal exercises
- · Station 8: Leg press
- Frame construction 80x40mm
- Adjustable backrest (8 positions)
- Adjustable seat (4 positions)
- adjustable backrest leg press (5 positions)
- · Weight block 80kg
- nylon coated steel cable (6mm)
- Upholstery color: black
- Frame with matt black powder coating
- recommended retail price CHF 2'599 .--

Use: home use, payload: approx. 150kg

Equipment dimensions: L189 x W207 x H204cm, weight 313kg

Accessories: lat pull-down bar, 2 hand straps, curved multi-bar, abdominal strap, foot strap, chain, 3

accessory hooks, holder for water bottle and towel

Warranty: 2-year full warranty (excluding consumables such as pads/cables)