



Trigger Point DVD - Therapy foot and lower leg



available while stocks last

Optimal treatment guide for the therapy of
foot and lower leg

CHF 14.50

On the Performance Therapy for Foot & Lower Leg DVD you will find all the knowledge of Trigger Point Performance needed to apply the products and kits for the effective treatment of foot and lower leg.

Muscles treated: Soleus, Tibialis Posterior, Tibialis Anterior, Peroneus...

In addition, the DVD includes a 20 minute Trigger Point training session that you can immediately apply live.

In English language

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