



## Inspire by Hammer Strength Station M3 (3632)



The premium home gym M3 from Inspire Fitness with over 40 professional exercise options - no wishes remain unfulfilled here - perfect functionality and high-quality studio design for the home. The M3 Multigym enables a full body workout at its best. A complete fitness studio with a small footprint of only approx. 2sqm.

CHF 4'390.00

Up to 96 kg weight can be moved, perfect for ambitious strength athletes. A high-quality steel construction, with processed nylon pulleys, pull cables that can handle up to a ton of load and precision ball bearings that provide the ultimate pulling harmony. FINNLO MAXIMUM M3, a multigym, which despite its high load capacity and robustness, visually meets the most modern design requirements and will inspire you to train every day. All the most important strength exercises up to functional and sport-specific movement training, can be perfectly implemented on the FINNLO M3 strength station. Rowing, lat pulldown, shoulder press, bench press, leg extensions and bends, abductor and adductor training, calf raises and training of the straight and oblique abdominal muscles are just a few of the more than 40 professional exercises that the M3 Multigym offers you.

The basic construction of the FINNLO MAXIMUM M3 Multigym is built from extremely heavy-duty steel and features a high-quality and durable powder coating in modern and classy anthracite/black. Precision ball bearings on the pulleys ensure a particularly quiet and smooth motion.

The ergonomically shaped seat cushion can be individually adjusted in height and ensures a comfortable and stable training position. The spine-supporting backrest can be adjusted vertically and in inclination.

### Features:

- Bench press lever with angle of motion adjustment for push and pull exercises (bench press, incline bench press, shoulder press or rowing).
- free training movement for butterfly and bench press (functional training) - new with bilateral movement sequence
- seated leg extension and leg flexion



- upper and middle pulley for a variety of upper body exercises like lat pulldown, triceps or ab crunch
- lower pulley for a variety of exercises for abduction, adduction, hips, glutes, calves, biceps, back (rowing)
- varied abdominal training
- comfort seat multiple vertically adjustable
- foamed padding for perfect ergonomics and exceptional training comfort
- backrest adjustable in inclination
- 1 user
- space-saving design
- powder coated frame parts
- weight block 96kg (20 x 4,5kg plates)
- upholstery in high quality leather look and red stitching
- protective covering at weight magazine with highly durable canvas
- paint: black

Use: home use, payload: approx. 160kg

Equipment dimensions: 183 x 102 x 205cm ( space requirement: 220 x 290 x 210cm ), weight 239kg

Accessories: lat bar, triceps grip, foot strap

Options: Leg press (ratio 2:1), ab trainer Ab Bar additional module

Warranty: 2 years on labor and 3 years warranty on spare parts (excluding consumables such as pads, cables).