



NOHrD Hedgehock Oak



The Hedgehock offers a unique seating option. Its clear cube shape seems to contradict sitting at first sight, but as soon as you get to know it practically, you will experience ergonomics in its purest form, because the 49 wooden blocks are individually sprung and adapt softly to your body shape. The HedgeHock health stool without backrest is a good alternative to conventional stools and trains a healthy posture.

CHF 449.00

Everyone sits, every day, for hours on end. But what does sitting actually entail? We are happy about ergonomic seat cushions, designed plastic shapes and relax furniture. But the best way to pay homage to the archaic activity of sitting is with seating furniture that is natural and clear. Structured in this way, into a clear, geometric exterior and an organic, mobile interior, the Hedgehock brings harmony between dynamics and statics. When sitting, ergonomics is achieved through mobility and allows the own body to form its base.

The soft wood feel of the HedgeHock supports an upright sitting posture. With conventional back-friendly sitting stools, the sitting posture has to adapt to the shape of the stool. With the HedgeHock, however, the seat base yields depending on the body stature and weight. The HedgeHock's precise construction of natural wood promotes a healthy and relaxed sitting posture. Both the precisely measured cube shape (45x45x45) of the HedgeHock and the gentle suspension of the wooden blocks support an upright and active sitting position.

When sitting on the springy wooden blocks, you move dynamically and form a new base with every change of movement. Since the HedgeHock is a stool without a backrest, you tend to adopt an upright and straight back posture. This makes the HedgeHock a particularly good alternative for improving the general posture of the back in everyday life.

another feature makes the HedgeHock from NOHrD unique: it is handmade in the NOHrD sports equipment manufactory from a choice of four woods: ash, oak, cherry and walnut. There is also a club version made of dark-stained ash wood.

- 49 springy seat blocks adapt to your body shape and weight and train healthy posture



- for every age and weight category
- natural and healthy sitting
- prevents back pain and tension
- gentle suspension trains the upright sitting posture
- dynamic sitting activates your muscles and prevents tension
- attractive and modern design
- flexibly adjustable with 4 castors
- adaptable to the furnishing of your home
- available finishes of HedgeHock stool: oak, ash, dark stained ash wood (club), cherry and walnut wood
- dimensions: 45 cm x 45 cm x 45 cm
- Own weight: 18kg