



TuffStuff Glute Ham Bench (CGH-450)

The Glute Ham Bench by Tuff Stuff for a highly efficient and comfortable back, abdominal, glute and calf workout.



CHF 1'249.00

- spine-friendly training of the lower back muscles, as well as the abdominal, gluteal and calf muscles
- vertical and horizontal adjustment of the foot pads guarantees an optimal adaptation to the respective user size
- anatomically shaped thigh pads provide maximum support and comfort
- integrated grips offer a secure hold during reverse hyper-exercises
- extra strong, high quality padding
- stable round tube construction
- transport wheels
- colour: platinum
- padding: black

Use: home use to light commercial use, payload: approx. 250kg

Unit dimensions: L163 x W94 x H107cm, weight 54kg

Warranty: 2 years on labour and spare parts (excluding consumables such as upholstery)