



Weider BCAA + L-Glutamine 180 capsules



Capsules with L-Glutamine in combination with BCAA's.

CHF 39.00

Dietary food for athletes during intense muscular effort. Capsules with L-glutamine, L-leucine, L-isoleucine and L-valine to swallow.

Recommended training phases:

- Definition phase
- Strength building phase
- Muscle building phase

Product features:

- with 3600 mg BCAAs per serving
- with 3600 mg L-Glutamine per serving
- amino acid ratio 1800:900:900:3600 (L-Leucine : L-Isoleucine : L-Valine : L-Glutamine)

Directions:

6 capsules per day, take directly after training on training days.

Ingredients:

42.3% L-Glutamine, 21.1% L-Leucine, Gelatin, 10.6% L-Isoleucine, L-Valine, Releasing Agent: Magnesium Salts from sucrose esters of fatty acids: Color: E153: May contain traces of lactose, gluten, soy and egg white.

Packaging unit: box with 180 capsules

Flavor: neutral

**The Shark
Fitness Company**



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