



Sponser Recovery Bar 25 x 50g



PROTEIN RECOVERY BAR is a high-quality protein-carbohydrate bar. Based on protein sources from milk, soy and wheat. The variety of protein sources provides a high-quality amino acid spectrum.

CHF 62.50

Rich in the amino acids L-glutamine and the branched-chain amino acids L-leucine, L-valine and L-isoleucine. Provides an additional 10 vitamins and 12 minerals. Serves as an alternative to conventional protein shakes. Protein contributes to the growth and maintenance of muscle mass.

Benefits:

- 34% of the daily requirement of 10 vitamins, 14-50% of the daily requirement of 10 minerals per bar
- Alternative to protein shakes
- Very high content of 3.1 g BCAA and 4.8 g glutamine per bar

Application:

During sport for muscle building and maintenance, but also in everyday life as and when you feel like it.

Flavor: Vanilla

Packaging unit: 25 x 50g bars

Content: 1250g