



Body Solid Lat/ Row Pull Station GLA378 to Power Rack GPR378



Turn your Body Solid Power Rack GPR378 into a multi-workout machine. This lat/row pull station will help you build a wider, stronger back and/or stronger and bigger biceps and triceps. The basic model of the GLA378 is the version for optionally available weight plates - for the version with weight magazine 4 x 22,5kg (SP50) additional weights can be ordered optionally.

CHF 499.00

- lat/rowing station available for disc support (for 26mm discs - with optional adapter for 51mm discs) or with 95kg weight magazine - **for the version with 95kg weight magazine 4 x 22,5kg additional weights (SP50) have to be selected (see matching accessories at the article)** - the top weight plate with weight pin is already included *in the* scope of delivery of GLA378
- only **compatible with Body Solid Power Rack GPR378**
- with nylon coated cables in aircraft quality (2200lb. test)
- the plate-load sled of this lat attachment has weight bars with a diameter of 25mm
- lat bar and low row bar included
- Dimensions when mounted to Power Rack GPR378: L182.9 x W116.9 x H211cm
- weight plates 26mm/51mm and weight magazine not included in delivery