

Shark Fitness AG Stores in Wettingen (ZH) and Wil (SG) 056 427 02 25 info@sharkfitness.ch www.sharkfitness.ch

Trigger Point Grid STK



The latest development from the Trigger Point product line. Ideal for areas of the body that can not be reached with the classic grid. Based on the idea of imitating the finger structures during massage, the GRID STK has different surface structures. It consists of a softer outer roller crossed by a grid of depressions with different spacing. This revolutionary design with its different massage zones allows, depending on the body region, different treatment intensities.

CHF 39.00

The **Grid STK** is the latest development from the Trigger Point product range and optimally suited for myofascial self-massage.

Thanks to the proven, three-dimensional GRID surface technology and the new hand roller system, the fascial tissue can now also be treated comfortably while sitting.

The specially developed handles, AcuGRIP, also serve as a massage tool. The rounded, flat ends as well as the protrusions located on the handle enable a targeted and punctual trigger point treatment.

In addition, the **GRID STK** can be used on parts of the body that cannot be reached with a classic foam roller, e.g. in the area of the neck muscles.

The **GRID STK** can be used for preventive, regenerative and performance-enhancing purposes at home, in the office and while traveling. The water-resistant surface makes it easy to clean.

- 3 D surface structure: Ideal fascia care due to innovative grid surface technology
- AcuGRIP: Specially developed grips ensure more targeted treatment use
- Comfortable use: Treatment is now also possible in a sitting position
- water-resistant: Surface is water resistant and therefore optimal to clean
- color: orange with black handles



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