



Trigger Point Grid STK X Foam Roller



The latest development from the Trigger Point product range. Ideal for areas of the body that cannot be reached with the classic grid. The **GRID STK X** has a surface that is twice as hard, allowing the fascial tissue to be treated even more intensively. Based on the idea of imitating finger structures during massage, the **GRID STK X** has different surface structures. It consists of a softer outer roller interspersed with a grid of depressions with different spacing. This revolutionary design with its different massage zones allows, depending on the body region, different treatment intensities.

CHF 44.90

The **Grid STK** is the latest development in the Trigger Point product range and is ideal for myofascial self-massage. The **GRID STK X** has twice as hard a surface as the **GRID STK**

, which means that the fascial tissue can be treated even more intensively.

Thanks to the proven, three-dimensional GRID surface technology and the new hand roller system, the fascial tissue can now also be treated comfortably while sitting.

The specially developed handles, AcuGRIP, also serve as a massage tool. The rounded, flat ends as well as the protrusions on the handle allow a targeted and punctual trigger point treatment.

In addition, the **GRID STK**

can be used on parts of the body that cannot be reached with a classic foam roller, e.g. in the area of the neck muscles.

The **GRID STK** can be used for preventive, regenerative and performance-enhancing purposes at home, in the office and when travelling. The water-resistant surface makes it easy to clean.

- 3 D surface structure: Ideal fascia care through innovative grid surface technology
- AcuGRIP: Specially developed handles ensure more targeted treatment use



- comfortable application: Treatment is now also possible while sitting
- Water-resistant: Surface is water resistant and therefore optimal to clean
- colour: black