



TuffStuff Hyperextension CHE-340



The Tuff Stuff Hyperextension is adjustable from 45° hyperextension to Roman Chair training position and provides a spine-saving workout for the lower back muscles, as well as the abdominal and gluteal muscles

CHF 799.00

TuffStuff's Evolution Series includes an adjustable Hyper-Extension Bench (CHE-340) with a multi-purpose design that allows users to train their mid and lower back, glutes, hamstrings and abs. The Hyper-Extension Bench is adjustable from a 48° hyper angle to a full training position to a "Roman Chair". Weighing only 41kg with built-in wheels, the bench can be easily transported and stored in various locations.

Features:

- targeted training of the back extensor muscles - abdominal exercises also possible
- adjustable from 48° hyperextension to Roman Chair 90°
- different adjustment possibilities of the telescopic bar (48°-90°) guarantee an optimal training position
- adjustable foot plate for adaptation to different body sizes
- foot plate as support
- handles make it easier to get into the machine
- extra strong, high-quality padding
- stable tubular construction
- support handles as entry/training aid for a safe workout
- Y-shape ensures high tilt stability
- transport wheels
- floor protectors/plastic end caps
- frame color: platinum
- upholstery color: black

**The Shark
Fitness Company**



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Use: home use to light commercial use, payload: approx. 181kg

Unit dimensions: L142 x W94 x H86cm, weight 41kg

Warranty: 2 years on labor and spare parts (excluding consumables)