



Body Solid Lat Blaster Bar (LBB28)

The Lat Blaster Bar from Body Solid
LBB28 - ideal for barbell rowing.

CHF 69.00



The Lat Blaster Bar from Body Solid is ideal for training with the Body Solid TBR10 T-Bar Row Trainer. The specific design of this Lat Blaster Bar isolates the broad back muscle (latissimus). This handle fits all Olympia barbell bars as well as standard bars with a diameter of 25.4 mm and, in combination with the T-Bar Row Trainer, enables effective bent-over rowing training.

- effective training of lats, trapezius and rear deltoid muscles
- secure attachment to the barbell bar
- toggle lock
- non-slip handles
- length 72cm, weight 3kg